Portland Mountain Rescue is a volunteer group dedicated to saving lives through rescue and mountain safety education. PMR members speak to schools, outdoor groups, and fellow climbers to promote backcountry safety. Recent educational programs include hands-on demonstrations of rescue equipment at OMSI, presentations at area schools about the danger of avalanches and becoming lost while skiing and snowboarding, and the distribution of our Safety Essentials Series of brochures at outdoor shops, group meetings, and trailheads. PMR believes that education is the most effective means of promoting mountain safety.

When accidents occur, Portland Mountain Rescue members are called on to rescue those who become lost or injured in the mountains.

Using their specialized skills as climbers, PMR member are trained to carry out search and rescue operations on snow and ice, steep terrain, and in treacherous weather conditions. Recent missions have included finding skiers who became lost in whiteout conditions, evacuating climbers who fell and were injured on Mt. Hood, and searching for lost hunters in the foothills of Clackamas County. When accidents happen, PMR is there.

Portland Mountain Rescue carries out its important mission without paid staff or government funding. All PMR members are volunteers who give generously of their time and energy out of concern for their fellow climbers. While PMR operates under the authority of local sheriffs' departments, it is funded entirely by donations from recreational groups, businesses, and concerned citizens. PMR does not charge for its services.

You can help Portland Mountain Rescue as a donor, rescuer, or associate member. First, PMR relies on the financial support of people like you to maintain its specialized rescue equipment, medical supplies, and vehicle. As a supporter of safe outdoor recreation, you can help PMR by sending a tax-deductible contribution to using the form in this brochure. Secondly, associate members support the unit through

their special skills in fundraising, vehicle and equipment maintenance, public speaking, support during missions, and in many other ways. Thirdly, PMR is recruiting new members who wish to become fielddeployable rescuers. Because of our focus on high-angle and technical rescue, applicants must be experienced climbers on rock and snow, skilled outdoorspersons, and work well in a team setting. Membership in PMR as a field-deployable member requires a considerable time commitment but yields great rewards. PMR's members climb, ski, and socialize together, building the camaraderie and trust that bring us together as a team during trainings and missions. PMR members learn new skills in search, rescue, and emergency medicine. Most of all, PMR members enjoy the satisfaction of providing an important service to the community.





The **Safety Essentials Series** Educational Brochures are produced by Portland Mountain Rescue as a service to climbers.

## **Mountain Rescue Association**

Established in 1958 at Timberline Lodge

Portland Mountain Rescue is proud to be a member of Mountain Rescue Association.

MRA is comprised of more than ninety units, in the US, Canada, and other countries.

Over sixty of these are regular units which provide unpaid professional mountain search and rescue at no direct cost to the taxpayers. The others make up Exofficio units which are paid professionals in governmental service, and Associate units, which are other mountain SAR-related units or groups.



PMR wants your help. To make a tax-deductible donation, send it to PMR at the address below. For information about membership and an application, call the number on the back of the brochure or visit our website at www.pmru.org. Individuals interested in becoming a rescue team member must submit an application by July 15th to be considered for PMR's annual training program, which begins each August. Associate members are welcome to join throughout the year. Get involved today!

## I would like to help Portland Mountain Rescue:

☐ by making a tax-deductible contribution in the amount of
$oldsymbol{\square}$ as an applicant for field-deployable membership.
$oldsymbol{\square}$ as an applicant for associate membership.
Name
Address
Phone (day)
Phone (eve)



Mail your completed form to:

## **Portland Mountain Rescue**

PO Box 5391 Portland, OR 97228-5391 503-972-7743 www.pmru.org Fornand Mountain Kes PO Box 5391 Portland, OR 97228-5391 503-972-7743





## Portland Mountain Rescue



lives through rescue

and mountain

safety education